Midlands Family Medicine



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Education

Sexual Abuse: Resource List

Books for Children

Ages 3 to 8

- Laurie Tells; by Linda Lowery, John Eric Karpinski (illustrator); Carolrhoda Books, 1994 My Body Is Private; by Linda Walvoord Girard, Rodney Pate (illustrator); A. Whitman, 1992
- Squeakers; by Stephen Cosgrove; Econo-Clad Books, 1999
- The Right Touch: A Read-Aloud Book to Help Prevent Child Sexual Abuse; by Sandy Kleven; Illumination Arts Publishing Company, Incorporated, 1998
- Your Body Belongs To You; by Cornelia Spelman; Teri Weidner (illustrator); Albert Whitman, 1997

Ages 8 to 12

- Be Aware of Danger; by Bill Gutman; Twenty-First Century Books, 1996
- Child Survival Skills: How to Detect and Avoid Dangerous People; by Jerry Hyde and Terra Hulse, Bentle Books,
- The Safe Zone: A Kid's Guide to Personal Safety; by Donna Chaiet and Francine Russell; William Morrow & Co., 1998
- Your Own Safety; by Peggy Pancella; Heinemann Library, 2005

Ages 10 to 14

- Don't Hurt Laurie!; by Willo Davis Roberts; Econo Clad Books, 1999
- Everything You Need To Know When You Are The MaleSurvivor of Rape or Sexual Assault; John La Valle; Rosen Pub. Group, 1996
- I Hadn't Meant to Tell You This; by Jacqueline Woodson; Econo Clad Books, 1999
- Staying Safe At School; by Donna Chaiet; Rosen Pub. Group, 1995
- When She Hollers; by Cynthia Voigt; Scholastic, 1994

Young Adult

- How Long Does It Hurt? A Guide to Recovering from Incest and Sexual Abuse for Teenagers, Their Friends, and Their Families; by Cynthia Mather; Jossey-Bass, 2004 (revised ed)
- Street Smart: a Teenager's Guide to Being Sussed and Safe; by Kerry Parnell; Piccadilly, 2002
 Strong At Heart: How It Feels to Heal from Sexual Abuse; by Carolyn Lehman; Farrar, Staus and Giroux, 2005

Books for Adults

- Invisible Girls: the Truth About Sexual Abuse; by Patti Feuereisen with Caroline Pincus; Seal Press, 2005
- Overcoming Sexual Terrorism: 40 Ways to Protect Your Children from Sexual Predators; by Jake Goldenflame; Philadelphia, Xlibris, 2004
- Protecting Your Children from Sexual Predators; by Leigh Baker PhD; St. Martin's, 2002

Web site: http://www.childwelfare.gov Information and materials.

advice, diagnosis or treatment by a healthcare professional.

- Raising Safe Kids in an Unsafe World: 30 Simple Ways to Prevent Your Child From Being Lost, Abducted, or Abused; by Jan Wagner; Avon Books, 1996 What If: Teaching Children What to Do In Difficult or Dangerous Situations; by Sally Mumford; Vermilion, 2000
- When Your Child Has Been Molested: A Parents' Guide to Healing and Recovery; by Kathryn Brohl and Joyce Potter; San Francisco, Jossey-Bass, 2004

Other Resources

National Clearinghouse on Child Abuse and Neglect Information, Children's Bureau, Administration for Children and Families Information 300 C Street, SW Washington, DC 20447 800-394-3366 703-385-7565

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