



Education

Substance Abuse: Resource List

Books for Children

Ages 7 to 12

- Everything You Need to Know About Smoking; by Elizabeth Keyishian; Rosen Publishing Group, 1997
- Smoking Stinks; by Kim Gosselin, Thom Buttner (illustrator); JayJo Books, 1998
- The Berenstain Bears and the Drug Free Zone; by Stan Berenstain; Random House, 1993

Young Adult

- Danger: Cocaine; by Ruth Chier; Powerkids Press, 1997
- Danger: Crack; by Ruth Chier; Powerkids Press, 1997
- Danger: Marijuana; by Ruth Chier; Powerkids Press, 1997
- Fears of a Tiger; by Sharon Draper; Rebound by Sagegrush, 1999
- Inhalants (Just the Facts); by Sean Connolly; Heinemann Library, 2002
- Pumped: Straight Facts for Athletes About Drugs, Supplements, and Training; by Cynthia Kuhn; W.W. Norton, 2000
- Taking Charge of My Mind and Body: A Girls' Guide to Outsmarting Alcohol, Drugs, Smoking, and Eating Problems; by Gladys Folkers and Jeanne Engelmann, Marie Olofsdotter (illustrator); Free Spirit Pub., 1997

Books for Adults

- Adolescent Drug & Alcohol Abuse: How to Spot It, Stop It, and Get Help for Your Family; by Nikki Babbitt; O'Reilly, 2000
 - Choose to Be Tobacco Free: A Guide for Parents of Children Ages 3 Through 19; by Robert Schwebel; Newmarket Press, 1999
 - Cool Parents, Drug-Free Kids: A Family Survival Guide; by Robert Cooms, Allyn and Bacon, 2002
 - Don't Let Your Kids Kill You: A Guide for Parents of Drug and Alcohol Addicted Children; by Charles Rubin; New Century Publ, 2003
 - Drugs, Alcohol, and Your Children: What Every Parent Needs to Know, rev. ed.; by Judith Seixas; Penguin Books, 1999
 - Drugs and Kids: How Parents Can Keep Them Apart; by Gary L. Somdahl, Edward H. Maloney; Dimi Press, 1996
 - Fail-Safe Parenting: A Personalized, Foolproof Plan to Prevent or Stop Your Child's Alcohol-Drug Abuse...Now!; by J. Stuart Rahrer; Pharos Consulting & Pubns., 1998
 - General Risk: How to Protect Your Teenager From Smoking and Other Dangerous Behavior; by Corky Newton, M. Evans, 2001
 - Generation Risk: How to Protect Your Teenager from Smoking and Other Dangerous Behavior; by Corky Newton; M. Evans, 2001
 - How to Cope With a Teenage Drinker: Changing Adolescent Alcohol Abuse; by Gary G. Forrest; Jason Aronson, 1997
 - How To Help Your Kids Choose to Be Tobacco-Free: A Guide for Parents of Children Ages 3 Through 19; by Robert Schwebel; Newmarket Press, 1999
 - Just Say Know: Talking With Kids About Drugs and Alcohol; by Cynthia Kuhn; Norton, 2002
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- Keeping Kids Drug Free: D.A.R.E. Official Parent's Guide; by Glenn A. Levant; Thunder Bay Press, 1998
- Keeping Your Kids Drug-Free: A How-To Guide for Parents and Caregivers; Available from National Your Anti-Drug Media Campaign at Web site: <http://www.theantidrug.com>
- Parenting 911: How to Safeguard and Rescue Your 10-to 15-Year-Old From Substance Abuse; by Charlene Giannetti; Broadway Books, 1999
- Saying No Is Not Enough: Helping Your Kids Make Wise Decisions About Alcohol, Tobacco, And Other Drugs - A Guide for Parents; by Robert Schwebel; Newmarket Press, 1998
- Ten Talks Parents Must Have With Their Children About Drugs and Choices; by Dominic Cappello; Hyperion, 2001

Spanish

- Hijos sanos en un mundo invadido por las drogas; by William Mack Perkins and Nancy M. Perkins; Hazelden Educational Materials, 1994

Other Resources

Alcoholics Anonymous (AA) Alateen Program
1600 Corporate Landing Parkway
Virginia Beach, VA. 23454-5617
1-800-344-2666
Web site: <http://www.al-anon.org/alateen.html>

Narcotics Anonymous PO Box 9999 Van Nuys, CA 91409
1-818-773-9999
Web site: <http://www.na.org/index.htm>

The National Clearinghouse for Alcohol and Drug Information P.O. Box 2345 Rockville, MD 20847-2345
1-800-729-6686
Web site: <http://ncadi.samhsa.gov>

National Inhalant Prevention Coalition
2904 Kerbey Lane
Austin, Texas 78703
1-800-269-4237
Web site: <http://www.inhalants.org/>

National Institute on Drug Abuse National Institutes of Health
6001 Executive Boulevard, Room 5213
Bethesda, MD 20892-9561
301-443-1124
Web site: <http://www.drugabuse.gov/NIDAHome.html>

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